# Welcome to MEDALLION





#### MEDALLION is a Virginia MEDICAID Managed Care Program

Managed Care is part of a strategic plan to provide:
Quality Health Care, Increased Access to Services, Promotion of Personal Responsibility,
Efficient Utilization of Resources, and Ongoing
Development of Partnerships

This booklet gives some basic facts about getting health care. Check with your doctor, nurse, or other health-care provider about all of your health care needs.

- Doctor visits
- ➤ Lab services and X-rays
- > Mental health services
- > Rides to medical appointments
- > Home health services
- Immunizations (shots)
- > Emergency care
- > Some medical equipment
- > Physical therapy
- > Hospital services
- > Care during pregnancy

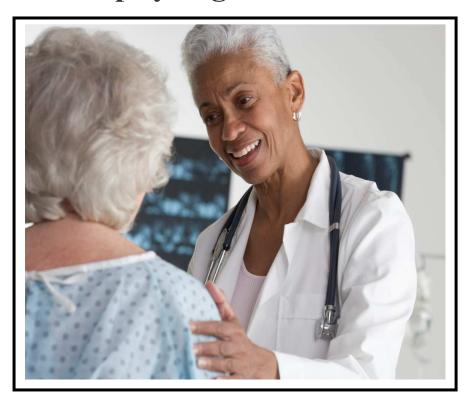


Virginia Department of Medical Assistance Services 1-800-643-2273

www.virginiamanagedcare.com

#### MEDALLION<sup>SM</sup>

helps you get health care.



MEDALLION is a Virginia Medicaid managed care program.

This means you choose a participating primary care provider (PCP) to manage your health care.

Your primary care provider helps find other health services and specialists when you need them.

HelpLine staff can answer your questions Call the Virginia managed care helpline at

1-800-643-2273

When you are sick or want a checkup, you can call your PCP to make an appointment.

MEDALLION is a registered service mark of the Commonwealth of Virginia

#### MEDALLION<sup>SM</sup>

#### covers special services for your children, too.



These services help find and treat health problems early.

#### They include:

- ❖ well-baby care
- ❖ well-child care
- dental care
- screenings for health problems
- immunizations (shots)



Call 1-800-643-2273 if you have any questions about what MEDALLION covers.

# You need a primary care provider (PCP)

Your PCP manages all of your health care.

He or she will:

- Get to know you and your health care needs.
- Keep records of your health history.
- Use this information to help you get the best of care.



#### They help you:

- > Stay healthy
- > Get better when you are sick
- Get to your doctor's appointments





We are here to help you.

You can call Monday through Friday, 8:30 a.m. to 6:00 p.m. The call is free and we have interpreter and translator services.

#### You can choose your PCP.

#### Who can be your PCP?

The choice is up to you. You can choose a participating:

- Family doctor
- Children's doctor (pediatrician)
- ♦ Women's doctor (OB-Gyn)
- ♦ Internist

You can also choose a participating clinic or participating health department.





# Choose a PCP that meets your needs.

You can choose a different PCP for each person in your family who is covered by MEDALLION.

# Call to make your choice.

If you do not choose a PCP, MEDALLION will give you one. This person will be named in the letter you get from MEDALLION.



Call to make your choice.

Call 1-800-MGD-CARE (1-800-643-2273).

Say you want to choose your PCP.



Call 1-800-643-2273 to choose your PCP.

# Make your choice right away.

- You have 90 days to change your PCP.
- You can also choose your PCP during open enrollment, which is during December and January (every year) with an effective date of February 1 of each year

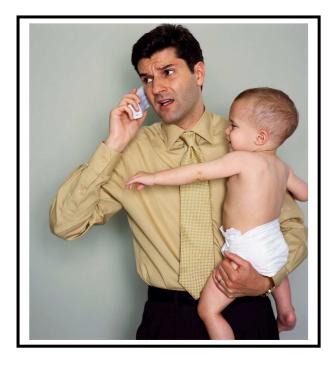
#### When you need care, call your PCP first.



# Your PCP will provide the services you need.

You can call your PCP for:

- any illness or injury
- checkups, well-baby and well-child care
- immunizations (shots)
- prescriptions
- a referral to a specialist
- advice about any health problems.



### You can get help from your PCP at any time.

Call your PCP's 24-hour number. If your PCP is not there, you will be directed on how to get care.

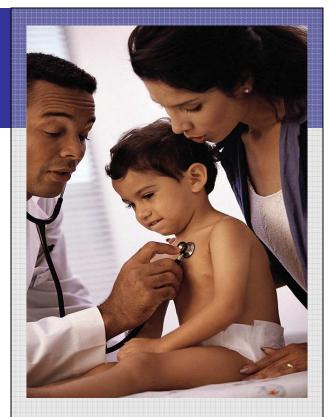
#### Appointments

#### Do not go to another doctor without a referral.

The doctor may:

- Not treat you
- Ask for a referral from your PCP
- Bill you if you insist on care without a referral.





There are some exceptions to the referral rule.

For example, you do not need a referral for:

- Family planning (birth control)
- Care related to pregnancy and childbirth
- Mental health services
- Emergency services
- Immunizations
- Routine eye exams

Call 1-800-643-2273 with questions about MEDALLION.

#### Only in a true emergency.

#### go to the emergency room

### These are some signs of an emergency:

- chest pain, or any sudden, severe pain
- severe bleeding
- having a hard time breathing
- poisoning or drug overdose
- head or eye injuries
- loss of consciousness
- very bad burns
- choking

This is not a complete list. You may need emergency care for other problems



#### In an emergency:

Get medical help at once. Depending on the situation you should:

- Call 9-1-1 (or the local emergency number).
- Go to the nearest hospital emergency room. Have someone else drive you. Do not try to drive yourself.



If it is not an emergency, call your PCP first.

# Use Your MEDALLION blue and white, permanent, plastic ID card.

Virginia Medicaid Permanent Plastic ID Card SAMPLE



#### **CARDHOLDERS SIGNATURE**

This card is for identification purposes and does not entitle the cardholder to any benefits under any program administered by the Commonwealth of Virginia. **PROVIDER:** Confirm current status and other potential payers, electronically or by calling Medicall at 1-800-772-9996. **FRAUDULENT USE OF THIS CARD MÁY RESULT IN CRIMINAL PROSECUTION AND LOSS OF BENEFITS.** 

DMAS P.O. BOX 537 RICHMOND, VIRGINIA 23204-0537

Show your card when you get care.

Keep your card handy at all times

Call your local Department of Social Services if your address changes or if you lose your card.

#### Make the most of MEDALLION.

# Call your PCP about any health concerns.

- Call if you feel you are getting sick. Do not wait until you are very sick.
- Your PCP will help you get the care you need.





### Know when to see the doctor.

Ask your PCP how often you and your family need:

- checkups
- shots
- screenings for health problems

Write down the date and time of your next visit.

# Show up for appointments.

Be on time. Let your PCP know right away if you cannot keep an appointment.

Bring your card every time you go to the doctor.

Ask your PCP for advice about how to stay healthy.



Follow your doctor's suggestions.

Ask questions if you do not understand the suggestions.



Call 1-800-643-2273 with questions about MEDALLION.

# Have your health information ready

## Have important numbers handy.

Make a list. Include:

- the name and phone number of your PCP
- your MEDALLION ID number
- The toll-free Virginia managed care helpline number

You can use the next page to list your contact numbers.
Keep this list by a phone.





### Keep your own health records.

Write down:

- dates and times of your visits
- reasons for visits
- results of tests or exams
- any drugs you take
- any allergies you have.

Remember to carry your MEDALLION card with you at all times.

# Important names and telephone numbers



My primary care provider

My primary care provider's phone number

The Virginia Managed Care Helpline 1-800-643-2273

Other important names and telephone numbers

Call 1-800-643-2273 with questions about MEDALLION. www.virginiamanagedcare.com